



# Feeling stressed and overwhelmed? You're not alone.

SVG and the Hazelden Betty Ford Foundation have teamed up to ensure you and your family have access to today's most-trusted addiction and mental health care and resources.

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**EMAIL** [Hope@HazeldenBettyFord.org](mailto:Hope@HazeldenBettyFord.org)

**VISIT** [www.sportsvideo.org/hbf](http://www.sportsvideo.org/hbf)



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